

2013-14 Ontario Sport and Recreation Communities Fund (OSRCF) Local/Regional Projects

EAST REGION

A table of successful applicants. Each row is a different project and contains the following information: municipality, organization, grant amount, project title, and project description.

Municipality	Organization	Grant Amount	Project Title	Project Description
Algonquin Highlands	Algonquin Highlands, Township of	\$6,500.00	Algonquin Highlands Sport for Life Program	This project will support the implementation of the Algonquin Highlands Sport for Life initiative, a range of indoor and outdoor activities for women and girls as well as older adults. New programming includes belly dancing for women and girls, yoga, pickle ball, snow shoe instruction, cross country ski instruction, and zumba classes.
Arnprior	Arnprior, Town of	\$47,317.00	Get The Ball Rolling	This project will teach children, youth, families and seniors the fundamental skills they need to gain the confidence to live healthy lifestyles. Six High School Ambassadors will teach skills to hundreds of their peers. They will be offering a multitude of activities revolving around the Pan/Parapan Games to get the inactive population active and keep costs low, not just in town but throughout the County of Renfrew. This will further lead to the development of a county wide resource inventory.

Municipality	Organization	Grant Amount	Project Title	Project Description
Smiths Falls	Big Brothers Big Sisters of Lanark County	\$75,148.00	After School in Lanark County	This project will hire one After School program coordinator to overseeing the implementation programs in the region, develop standardized curriculum, and recruit volunteers. This free after school programming provides opportunity for children ages 8-16 from low income families to become more active, develop new skills, and access safe and high quality programs that are close to home. Using material from Big Brothers Big Sisters Go Girl and Game On programs, the 'curriculum' will include fun accessible physical activities, healthy food choices, and positive self-esteem building activities.
Lindsay	Boys and Girls Clubs of Kawartha Lakes	\$94,258.00	Boys & Girls Clubs of Kawartha Lakes SPIKES Volleyball Program	This project will engage over 1,100 children, youth and adults across the City of Kawartha Lakes in a SPIKES Volleyball program, providing indoor and beach volleyball at the Active Start, FUNdamentals, Learning to Train and Actife for Life levels of the Canadian Sport for Life continuum. Staff will receive FUNdamental Movements and National Coaching Certification training. Three School Board partners will provide registration and programming in ten CKL communities, removing transportation barriers and improving accessibility in a largely rural area.

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Ottawa	Centre des services communautaires Vanier	\$65,339.00	Bouger Plus	<p>This project will offer free year round sport and recreation activities for children and youth aged 6-15 years in the Vanier area of Ottawa. Programming will be delivered in accordance with the four seasons in a multi-sport format. For each seasonal program, the focus will be on the participants' acquisition of fundamental movement skills in accordance with stages 1 & 2 of the CS4L continuum. In partnership with Ottawa Police Services, the Ontario Soccer Association, Vanier Bike Share, Ottawa Public Health and 3 City of Ottawa Community Centres, this project will enable 200+ low-income children and youth to participate in sports that they would otherwise not have the opportunity to.</p>
Ottawa	Children's Hospital of Eastern Ontario Research Institute Inc.	\$129,967.00	Putting Physical Literacy within REACH (Recreation, Education, Allied health, Coaching, Healthcare)	<p>This project will enhance the sport and recreation sectors capacity to screen children in the Ottawa area for physical literacy deficits through the REACH (Recreation, Education, Allied Health, Coaching, Healthcare) program. Accurately identifying physical literacy deficits enables REACH leaders, teachers and coaches to better support physical literacy and physical activity for all children.</p>

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Ottawa	Christie Lake Kids	\$71,698.00	Fundamental Movement Skills Through Active Recreation (FMSTAR) – Physical Literacy building with low income participants	This project will introduce a standardized skill development model that will increase the integrity of sports programs. These sports include: soccer, basketball, karate, rockers (multi-sport), skating, hockey, swimming, mountain biking, climbing, canoeing, hip hop dance, yoga and dodge ball. FUNdamental Movement Skills training will be carried out by Ottawa based Physical & Health Education Canada (PHE Canada). First aid and CPR training for program volunteers is integral to safe programming and as such, will take place over the course of the two years of this project.
Campbellford	Community Living Campbellford Brighton	\$314,595.00	Health Energy Learning Motivation thru Sports	This project will provide sports education programming for over 1,300 people with intellectual disabilities to participate in 'Active for Life' stage sports in an area including Kingston, Cobourg, Peterborough, Bancroft, and Prince Edward County. With a network of 13 partners, the HELMS project will: train approximately 1,470 staff, volunteers, students and community partners; encourage participation and skills development; and build capacity through collaboration and shared leadership. The HELMS project will expand academic research into the effects of sports participation in the target group. Research findings will be broadly shared. In support of the 2015 Pan/ParaPan American Games, participants will “adopt” a sport to learn about and follow during the games, with options for games attendance or tv and internet viewing.

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Haliburton	Dysart et al, Municipality of	\$72,000.00	Municipal Recreation Program Pilot Project	<p>This project will support the implementation of the Municipal Recreation Program Pilot Project. It will provide new programming for up to 2,000 participants in the Village of Haliburton, which includes summer recreation opportunities for children and youth, after-school programming, intergenerational walking program, disc golf tournaments, a semi-annual "Try It! Be Active Haliburton Festival" and a free equipment-loaning program at the local library (for disc golf, tennis, beach volleyball and basketball). A comprehensive inventory of community recreation programs, assets and facilities will also be developed. This will be used to identify gaps and new opportunities for the municipality.</p>
Gananoque	Gananoque, Town of	\$15,270.00	Gananoque Senior Programming Initiative	<p>This project will provide affordable and safe recreational opportunities for seniors in the Town of Gananoque. The Town of Gananoque's project will promote physical health and increase physical literacy through the development of four new indoor and outdoor programs for 100 seniors. New programs for seniors will include Shuffleboard, Weekly Art Classes, Pickle Ball and Horse Shoes.</p>

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Alexandria	Glengarry Inter-Agency Group Inc.	\$60,320.00	DIY: Dundas Involved Youth	This project will apply the “Do It Yourself” philosophy, and will provide opportunities for youth aged 9-17 years, from South and North Dundas, to learn and participate in different sports and recreation activities. The Dundas Involved Youth program aims to provide opportunities for youth to try new sports without the barriers of cost for programs and equipment, and without the barrier of transportation. All of the sporting equipment is available for free to residents of the municipalities, and will continue to be available to youth who wish to continue practicing a sport. Also, municipalities have committed to providing free use of their arenas, walking trails and swimming pools.
Calabogie	Greater Madawaska, Township of	\$171,342.00	Greater Madawaska-Bonnechere Valley-North Algona Community Recreation Program	This project will develop Multi-Season Recreational Programing within three Townships: Greater Madawaska, Bonnechere Valley, and North Algona Wilberforce. Each of the three partners will identify needs through respective Recreation Committees and seniors' organizations. Training and leadership skills will be developed through use of certified instructors and private sector mentoring.

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Gilmour	Limerick, Township of	\$32,000.00	A Healthier You	This project will support the implementation of A Healthier You, a range of new physical activity opportunities targeted at all ages in this rural area of northern Hastings County. This project includes five program elements including guided/themed hiking and biking tours in the McGeachie Conservation Area; swimming and canoeing lessons at Steenburg Lake; a new walking club at the Limerick Community Centre; youth firefighting training and a healthy eating program.
Ottawa	Lowertown Community Resource Centre	\$61,836.00	Active for life	This project will offer free aerobics classes and swimming lessons to low-income ethno-cultural women as well as a multi-sport summer camp for children aged 6-12 years. Lowertown Community Resource Centre's objectives are to target women and young children who are most in need of, and most at risk of not accessing quality standardized skills based sport and recreational activities.
Kemptville	North Grenville Curling Club	\$8,316.00	NGCC Little Rocks - Skills Award Program	This project will expand the knowledge of physical literacy and enhance the capacity and of the North Grenville Curling Club Little Rocks Program for children ages 7-12. This recreational program will provide training for 10 new coaches. This training will allow for the integration of fundamental movement skills and improved curling skills through the implementation of the Ontario Curling Association Skills Award Program.

Municipality	Organization	Grant Amount	Project Title	Project Description
Ottawa	Ottawa, City of	\$10,505.00	I Love 2 Ski - I Love 2 Lead - MANSI	<p>This project will provide fundamental cross country skiing skills to financially disadvantaged youth and provide leadership ski certification, CPR and First Aid for 9 youth leaders in the Ottawa area. The 'I Love 2 Ski' component of this project will take place over two years, provide 40 children and youth ages 6-17 with free Nordic ski equipment and transportation to/from a 5-week introductory Nordic ski program. The 'I Love 2 Lead' MANSI (Mooney's Bay Nordic Ski Instructors) stream of this project will recruit and identify youth leaders, ages 14-17 that will be trained over 1-2 years to become qualified MANSI instructors.</p>
Ottawa	Pinecrest-Queensway Community Health Centre	\$83,151.00	Club Active	<p>This project will develop a two-year neighbourhood based multi-sport program with the aim of increasing participation in sports and recreation for children and youth in six low-income neighbourhoods in the west-end of Ottawa. Staff will be hired to facilitate the programs and receive Fundamental Movement Skills (FMS) training, High Five training and an orientation to PQCHC's children and youth policies. As a community based project, Club Active will focus on providing experiential learning of life-skills such as responsibility, decision making, confidence, team building and volunteering.</p>

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Kingston	Seniors Association Kingston Region	\$51,209.00	Filling the Gaps for Seniors: Programs, physical literacy and capacity	This project will develop and deliver fitness programs and educational presentations to older adults and seniors, as well as produce a weekly Active for Life radio show for the Greater Kingston community. The radio show will concentrate on holistic health including physical, mental, and emotional themes such as fitness tips and stress management through exercise and healthy eating.
Haliburton	Supportive Initiative for Residents of Haliburton County	\$30,280.00	Your Yard, Your Gym - Garden Buddies Project	This project will support the implementation of the Garden Buddies Project, a local initiative designed to introduce gardening and related physical activities to low-income persons. The project will create new opportunities for low income families and those with access barriers to engage in healthy outdoor activity at community gardens around Haliburton County. Over the course at least 18 persons will be trained and engaged as garden mentors for low income families.
Kingston	The City of Kingston	\$83,969.00	Creating Canadian Sport for Life Capacity in Kingston	This project will support Kingston residents in becoming and staying physically active by developing CS4L capacity in Kingston through education, cross-sectoral engagement, leadership development, and program review. Project-funded events, programming and training will reach 6,000 participants with 20,000 new participation opportunities. 160 front-line staff and teachers will receive physical literacy training.

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Casselman	The Nation, Municipality of	\$3,000.00	Volunteer training for minor hockey	This project will strengthen the minor hockey association by developing leaders and ensuring that each minor hockey level have qualified coaches and trainers in the Municipality of Nation. Funds will be used to pay instructors for Coach Stream, Development 1, and Trainer courses. These courses will be offered free of charge to parents and volunteers who wish to become coaches and trainers for the hockey association. These funds will allow the minor hockey association to offer courses in French and to build up their bank of volunteers for each level of minor hockey.
Selwyn	Township of Selwyn	\$2,400.00	Lakefield Youth "Can Do" Initiative	This project will design and create the municipality's first-ever Youth Sports/Recreation Advisory Committee. Youth will receive leadership training and be equipped to help plan and develop new sports and recreation opportunities for local youth, including the planning of a new skateboard park to be located in the village of Lakefield. At least 12 youth will receive training through this one-year OSRCF project.
Ottawa	Tungasuvvingat Inuit	\$86,466.00	Sivuniktarikpugut pisuktatigu (Steps in the right direction)	This project will provide eight staff High Five and Fundamental Skills Training which will lead to the delivery of three culturally sensitive sport and recreation programming for 175 financially disadvantaged, children, youth, adults and older adults over a two year period.

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Kanata	West Ottawa Ringette Association	\$8,722.00	Discover Ringette	This project will increase opportunities for 60 young girls to participate in the sport of Ringette. One in three Canadian families cannot afford to enroll their children in sport or recreation activities (Vision Critical 2011). The program will assist those who, due to financial challenges, may otherwise not be able to participate in organized sport. Program partners, Rink Pro Sports and Canadian Tire, will assist with equipment costs and Jump Start will assist participants with potential yearly Ringette fees.

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