

## 2017-18 Ontario Sport and Recreation Communities Programs Fund (OSRCF)

### PROVINCIAL STREAM

Organization	Project Name	Approved Amount \$	Project Description
Children's Hospital of Eastern Ontario Research Institute Inc.	Access ON Childhood Physical Literacy: Assessing and Supporting the Physical Literacy of Ontario Children with Medical Conditions and Disabilities	\$253,205	This project will provide access to sport and recreation for over 130,000 Ontario children living with medical conditions and disabilities. The "Access ON Childhood Physical Literacy" project will test a physical literacy screening test among 600 Ontario children with medical conditions and disabilities – once validated, this test will enable community sport and recreation leaders to easily identify children with the greatest need for physical literacy support. The project will also implement a program that will directly increase sport and recreation participation among 150 children with medical conditions and disabilities that demonstrate very low physical literacy by creating, a personalized physical literacy, sport and recreation engagement plan for each child. Results of the project will presented to over 100 sport and recreation leaders across Ontario.
Canadian Mental Health Association Ontario Division	Mood Walks for Campus Mental Health	\$170,500	This project will build capacity for postsecondary institutions across Ontario to plan, implement and evaluate hiking groups for students at risk of, or experiencing, mental health disabilities. The program is designed to encourage and support youth (age 18-24) — including newcomer students who may be experiencing additional stress due to settlement challenges and social exclusion — to be physically active, to engage with their community, and to benefit from exposure to the healing effects of nature.
University of Western Ontario	The Tiered Exercise Program for Older Adults with Mobility Challenges	\$140,898	This project will respond to the need identified by health and exercise professionals in the community and develop a tiered exercise program for older adults with mobility challenges, and a video and assessment tool to help match participants with the appropriate program level. This program will be delivered to 90 front-line EXERCISE LEADERS in a half-day workshop. Further, 90 course FACILITATORS will complete a full-day training, which enables them to train front-line exercise leaders in their communities. The tiered exercise program can be implemented one-on-one or in small or large group format in a variety of settings including home care, long term care, retirement and adult day programs. This program can be delivered in virtually any setting where seniors reside, and can help them successfully age in

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Ontario Basketball Association	3x3 Youth Officiating Development Program (3x3YODP)	\$66,607	<p>place.</p> <p>Ontario Basketball (OBA) will create &amp; implement the 3x3 Youth Officiating Development Program to train a total of 160 new, high school-aged youth officials in 12 clubs across the province in the Ministry's 4 regions to referee 3x3 in order to increase the capacity of the sport sector to deliver quality basketball programming &amp; to provide free employment training &amp; leadership opportunities to keep youth engaged in the sport as Active for Life leaders. Officiating also serves as a physical activity opportunity for these youth. The program will also train &amp; employ 12 Learning Facilitators &amp; Evaluators (LFEs) to deliver the training &amp; evaluate the officials. Both program participants &amp; LFEs will be 50% female &amp; 50% from ethnic, Indigenous &amp; Francophone communities to ensure they represent Ontario's diverse population.</p>
Ontario Lung Association	Fitness for Breath - Second Wind (A Community-Based Exercise Maintenance Program for People Living with Chronic Lung Disease)	\$110,400	<p>This project will implement and evaluate a now proven innovative program model for exercise maintenance for people living with chronic lung disease. In partnership with community-based fitness centres and with the support of pulmonary rehabilitation programs, it will be introduced to new sites across all regions of the province (Central, East, North and West) and target the specific population of Indigenous people and their communities. Over the two year period, the 'Fitness for Breath - Second Wind' program will introduce basic movement skills to more than 120 seniors and older adults (55 and older), with chronic lung disease, resulting in approximately 10,000 exercise visits. Approximately 20 certified fitness professionals will be trained to work with this population group and continue applying the newly acquired skills to provide services to all appropriate clientele attending their fitness centres.</p>

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Ontario Cerebral Palsy Sports Association	Boccia Bratz Project: Clinical Application of Therapeutic Boccia	\$123,587	<p>This project will bring together the Ontario Cerebral Palsy Sport Association and ten Children’s Treatment Centres across Ontario to deliver a physical literacy program to more than 150 children that will focus on the sport of Boccia and related fundamental movement skills. The “Boccia Bratz” Project will train over 100 therapists (physio, recreational and rehabilitation) and their support staff to incorporate the concepts of physical literacy into their child patients’ treatment plans using Boccia. These newly specialized therapists and their staff will then deliver fun, inclusive and barrier-free therapeutic Boccia programming to children and youth (ages 4-24) with physical disabilities throughout the province. Children and youth participating in the Boccia Bratz Project will benefit through increased physical activity and sport participation, greater access to sport opportunities, increased physical literacy and increased community participation.</p>
Ontario Curling Council	Ontario Kids Curl	\$38,915	<p>This project will revitalize curling programming for children, mobilize and train a new wave of coaches and instructors and educate curling clubs how to successfully integrate new programming into their local clubs.</p> <p>The “Ontario Kids Curl” project will:</p> <ol style="list-style-type: none"> <li>1) Develop and Pilot new Youth Learn to Curl Programming – Sport Specific Curling Skills will be used to teach Fundamental Movement Skills, reinforcing the physical literacy of children age 6-12.</li> <li>2) Train a new wave of curling instructors through a “Leaders in Training” Program – where young adults (age 16-25) will be trained to deliver refreshed programming.</li> <li>3) Educate Curling clubs, providing them with the business model to help recruit children to the sport, place them in age/stage appropriate programs, support coaches through strong policies, and create a sustainable program.</li> <li>4) Implement the program, recruiting new children to the sport, gather data, share best practices.</li> </ol>
Row Ontario		\$131,170	<p>This project will provide meaningful and useful coaching to developing coaches and club lead athletes across Ontario. The project will focus on introducing the concept of remote coaching through video and commentary while creating engaging coaching networks by providing camp-like coaching weekends. This project will link developing coaches and club lead athletes with expert rowing coaches in Ontario. It will also encourage regional clubs to see the effectiveness of coaching networks and the need to create regional camp-like weekends to promote the sharing of coaching knowledge and athletic skill.</p>

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Hemophilia Ontario	Able to Play	\$47,308	This project will allow 350 youth with bleeding disorders to increase their physical activity, supervised by medical professionals, in a safe and monitored environment, with minimal investment of additional resources. Because the infrastructure of the existing programs is already in place, resources required will include only additional staff time and sports equipment.