

2017-18 Ontario Sport and Recreation Communities Programs Fund (OSRCF)

Local/Regional West REGION

Organization	City/Town	Approved Amount	Project Name	Project Description
Active Living Coalition for Older Adults (ALCOA)	Shelburne	\$ 80,208	Leadership Training and Participation in Healthy Living Workshops for Older Adults	This project will support the delivery of leadership training and participation in Healthy Living workshops for older adults. It will provide 20 community leaders with the knowledge and skills to facilitate workshops in their local community centres.
Big Brothers Big Sisters of Hamilton and Burlington	Hamilton	\$ 81,329	Go Girls Physical Literacy for Newcomers	This project will support the Go Girls Physical Literacy for Newcomers initiative so that up to 200 immigrant and refugee girls from grades 1 to 8 can participate in a 14-week physical literacy program.
Bike Windsor Essex	WINDSOR	\$ 24,000	Cycle Safe Windsor Essex	This project will encourage approximately 500 people in Windsor and Essex County to become more confident bicyclists. The Cycle Safe Windsor Essex project will encourage women, new Canadians, seniors and indigenous populations to adopt healthy and active lifestyles through safe and confident cycling.
Centre communautaire régional de London	London	\$ 48,525	Une vie active pour nos gens âgés et nos aînés francophones de la région de London	This project will support "Une vie active pour nos gens âgés et nos aînés francophones de la région de London", in increasing the physical activity and physical literacy of 400 Francophone older adults and seniors. Activities will include pickle ball, table tennis, pétanque, yoga, line dancing and tai-chi.
Centre Francais Hamilton Inc.	Hamilton	\$ 13,266	Atelier de chorégraphie et de création en danse	This project will support the Atelier de chorégraphie et de création en danse (Dance Choreography and Creation Workshop) initiative. Four francophone youth instructors will be trained to deliver physical

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				literacy based dance workshops for up to 200 francophone children in Hamilton.
Corporation of the City of Guelph	Guelph	\$ 110,636	Park Activation	This project will introduce children to new ways to use park spaces and equipment to be physically active and develop physical literacy skills. The Park Activation project will enable the City of Guelph to offer outreach and programming capacity in local parks. Programming will be offered 6 days a week in 12 different parks to maximize the geographic reach and reduce transportation barriers for participants.
County of Brant	Paris	\$ 40,751	Brant Ventures in Nature: Developing outdoor activities to get "Back to Nature".	This project will reconnect 250 County of Brant children and families with nature through the Brant Ventures in Nature: Developing outdoor activities to get "Back to Nature" project by connecting them to parks, trails and natural open spaces and emphasizing the importance and benefits of outdoor activities.
Guelph Soccer	Guelph	\$ 26,587	Women Leaders in Soccer	This project will provide 270 training opportunities for women and girls the Guelph Soccer Club, equipping them with the tools embed the principles of physical literacy. The Women Leaders in Soccer Project will increase capacity for women and girls to participate as leaders, coaches and match officials.
Hamilton Burlington Trails Council	Hamilton	\$ 60,875	Y.E.S. Trails (Youth Engagement Strategy)	This project will support the Y.E.S. (Youth Engagement Strategy) Trails initiative, which will provide training and programming support to social service agencies and outdoor recreation providers. The project is expected to reach up to 1,000 youth through facilitation of trails-based youth mentorship programs.
Hamilton Council on Aging	Hamilton	\$ 38,812	Let's Get Moving	This project will support Let's Get Moving Active Transportation Workshops to encourage seniors to

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				stay active and engaged in the community. Each workshop (Let's Take a Walk; Let's Take the Bus; Let's Ride a Bike) will be delivered 10 times and will reach up to a 750 seniors.
Heart Niagara Inc.	Niagara Falls	\$ 73,943	Cycling Safety Education (CSE)	This project will support "Cycling Safety Education" in educating 900 children aged 9-11 about cycling safety in order to increase physical literacy and physical activity levels. The project will also establish a training model and curriculum for instructors, in order to make the project sustainable.
Heartland Forest	Niagara Falls	\$ 38,580	Affordable and Accessible Active Living through Nature-Based Sports, Fitness and Wellness	This project will support "Affordable and Accessible Active Living through Nature-Based Sports, Fitness and Wellness", in providing all-abilities sports camps, active living for autism camps and intergenerational active living programming to 935 participants, including 170 children with disabilities.
Mississaugas of the New Credit First Nation	Hagersville	\$ 188,256	Mississaugas of the Credit - Community Sport & Recreation	This project will enable the Mississaugas of the New Credit First Nation to establish a two year Sport and Recreation program focused on increasing active participation in various sports and physical activities including traditional games of 300 Indigenous children, youth, adults and elders.
Municipality of South Bruce	Teeswater	\$ 2,772	South Bruce Pickle-Ball Program and Skills Training	This project will support the development of a pickle ball program within the Municipality of South Bruce. The project components will include the purchase of portable pickleball equipment and include the development of a series of learn to play coaching sessions to ensure participants have a positive experience. Targets 40 older adults.

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Niagara Falls Rowing Club	NIAGARA FALLS	\$ 43,690	Recreational Learn to Row for Life	This project will support "Recreational Learn to Row for Life" a learn-to-row, recreational rowing program for 200 children, youth, adults and seniors. The project will include training for coaches, and year-round physical literacy training and physical activity opportunities for participants.
North Hamilton Community Health Centre	Hamilton	\$ 30,250	Grub Club: Move It- Physical Literacy in the Winter (PLW)	This project will support the Grub Club: Move It— Physical Literacy in the Winter initiative which will provide up to 130 children in an economically disadvantaged neighbourhood with new physical activity opportunities on ice and snow.
Start the Cycle	Hamilton	\$ 10,233	Start the Cycle Bike Mobile	This project will support the Start the Cycle Bike Mobile initiative which will expand on a free bike-share program for children in three economically disadvantaged neighbourhoods in Hamilton. It is expected that more than 700 physical activity opportunities will be created through this project.
Strathroy-Caradoc-MPAS	Strathroy	\$ 89,231	Summer Sports Camps for All Kids	This project will pilot a "Summer Sports Camp for All Kids" in the rural Town of Strathroy-Caradoc. It will develop fundamental movement and sport specific skills for 400 campers aged 4-12 over a 9 week period in the summers of 2017 and 2018 for a total of 800 participants. Each summer, 10 to 12 instructors will be trained to deliver physical literacy based programs such as aquatics, ball hockey, ice hockey, tennis and other camps.
The City of London	London	\$ 11,700	Decreasing isolation amongst older adults through the use of neighbourhood physical	This project will decrease isolation amongst older adults through the use of neighbourhood physical activity and other recreation programs. By conducting information sessions and surveys of seniors, physical

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			activity and other recreation programs	activity programs will be designed, developed and implemented. It is expected that 650 seniors will participate, at least one new satellite location in the City of London established and 12 volunteers will be trained as fitness instructors.
The City of Woodstock	Woodstock	\$ 4,246	Parks of Fun	This project will teach physical literacy and fundamental movement skills to 300 children between the ages of 3 and 8 in the City of Woodstock. The Parks of Fun project will deliver physical activity programming in a different park 4 nights a week throughout the summer. The program is focused on building children's confidence and competence in fundamental movement skills as well as teaching parents physical literacy tools.
The Municipality of Arran-Elderslie	Chesley	\$ 17,766	Learn Play Swim	This project will support the Municipality of Arran-Elderslie to implement a Learn Play Swim program. The municipality will expand programming to support a wider demographic, remove barriers to participation and increase a passion for swimming, physical activity and water safety. Participation opportunity goals are 5,465.
The Town of Ingersoll	Ingersoll	\$ 78,933	Fusion Female Fitness Project	This project will expand the Town of Ingersoll's Fusion Youth Centre programs to increase the number of female youth participants. The Fusion Female Fitness Project aims to triple the number of female youth taking part in sport and recreation programs to a minimum of 200 people. This project will allow Fusion to reach a new audience, increase physical activity levels and ensure that they are meeting the needs of female youth in their community.

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The Town of LaSalle	LaSalle	\$ 20,000	Town of LaSalle Active Living Strategy	This project will create the development of an Active Living Strategy to guide the Town of LaSalle and its partners in planning active living, sport and recreation facilities, spaces, activities and programs.
The Town of Orangeville	Orangeville	\$ 15,720	"Get Active, Get Skating"	This project will support the Town of Orangeville with a "Get Active, Get Skating" program. The Town will develop a learn to skate program for children in grades 3 to 8 and increase accessible opportunities through a skate and helmet loan program and sleds for those with physical challenges. Expected to reach 200 new participants.
The Town of Saugeen Shores	Port Elgin	\$ 4,924	Saugeen Shores Pickleball Introduction and Resource Project	This project will support the Saugeen Shores Pickleball Introduction and Resource Project which aims to introduce and deliver the sport of pickleball on a year-round basis for all ages. Expected participation is 700.
The Township of Chatsworth	Chatsworth	\$ 30,050	PLAY For Life	This project will support "PLAY for Life" an enhancement to the PLAY in Bruce Grey physical activity strategy. The project will involve 25 partner municipalities to develop and implement comprehensive communication strategies and tools to target older adults and seniors as well as promote a greater understanding of physical literacy.
Town of Pelham	Fonthill	\$ 9,275	Pelham Active Parks Program	This project will implement free skateboard lessons for 200 rural children ages 6 to 12 years and a Monkeynastics program for children ages 5 to 10 years as part of Pelham Active Parks Program in Fenwick and in Fonthill.
Windsor - Essex Therapeutic Riding Association	ESSEX	\$ 56,148	Equestrians of The Future	This project will see the Windsor Essex Therapeutic Riding Association (WETRA) create an "Equestrians of the Future Project" that will increase horseback riding

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				to 200 isolated children and youth living with physical, mental, and emotional disabilities aged 5-29 years old in Windsor-Essex County.
YMCA of Hamilton Burlington Brantford	Hamilton	\$ 104,512	Integrating Physical Literacy into YMCA Swim Lessons	This project will support the Integrating Physical Literacy into YMCA Swim Lessons initiative in which 20 youth aged 13 to 24 will be trained as junior lifeguards. These junior lifeguards, in turn, will become mentors and role models to younger swimmers, allowing 1,200 new participants to enter beginner swim programs.
YMCA of Kitchener-Waterloo	Kitchener	\$ 88,857	YMCAs of Cambridge & Kitchener-Waterloo Physical Literacy and Recreation Project	This project will embed and integrate physical literacy into the recreation program of the YMCA of Cambridge and Kitchener Waterloo. The Physical Literacy and Recreation Project will provide physical literacy training for 425 staff and will reach over 2,195 children and youth participating in recreation programs at the YMCA.