

2017-18 Ontario Sport and Recreation Communities Programs Fund (OSRCF)

PROVINCIAL STREAM

Organization	Project Name	Approved Amount \$	Project Description
Canadian Mental Health Association Ontario Division	Mood Walks for Campus Mental Health	\$170,500	This project will build capacity for postsecondary institutions across Ontario to plan, implement and evaluate hiking groups for students at risk of, or experiencing, mental health disabilities. The program is designed to encourage and support youth (age 18-24) — including newcomer students who may be experiencing additional stress due to settlement challenges and social exclusion — to be physically active, to engage with their community, and to benefit from exposure to the healing effects of nature.
Children's Hospital of Eastern Ontario Research Institute Inc.	Access ON Childhood Physical Literacy: Assessing and Supporting the Physical Literacy of Ontario Children with Medical Conditions and Disabilities	\$253,205	This project will provide access to sport and recreation for over 130,000 Ontario children living with medical conditions and disabilities. The "Access ON Childhood Physical Literacy" project will test a physical literacy screening test among 600 Ontario children with medical conditions and disabilities – once validated, this test will enable community sport and recreation leaders to easily identify children with the greatest need for physical literacy support. The project will also implement a program that will directly increase sport and recreation participation among 150 children with medical conditions and disabilities that demonstrate very low physical literacy by creating, a personalized physical literacy, sport and recreation engagement plan for each child. Results of the project will presented to over 100 sport and recreation leaders across Ontario.

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Hemophilia Ontario	Able to Play	\$47,308	This project will allow 350 youth with bleeding disorders to increase their physical activity, supervised by medical professionals, in a safe and monitored environment, with minimal investment of additional resources. Because the infrastructure of the existing programs is already in place, resources required will include only additional staff time and sports equipment.
Ontario Basketball Association	3x3 Youth Officiating Development Program (3x3YODP)	\$66,607	Ontario Basketball (OBA) will create & implement the 3x3 Youth Officiating Development Program to train a total of 160 new, high school-aged youth officials in 12 clubs across the province in the Ministry's 4 regions to referee 3x3 in order to increase the capacity of the sport sector to deliver quality basketball programming & to provide free employment training & leadership opportunities to keep youth engaged in the sport as Active for Life leaders. Officiating also serves as a physical activity opportunity for these youth. The program will also train & employ 12 Learning Facilitators & Evaluators (LFEs) to deliver the training & evaluate the officials. Both program participants & LFEs will be 50% female & 50% from ethnic, Indigenous & Francophone communities to ensure they represent Ontario's diverse population.
Ontario Cerebral Palsy Sports Association	Boccia Bratz Project: Clinical Application of Therapeutic Boccia	\$123,587	This project will bring together the Ontario Cerebral Palsy Sport Association and ten Children's Treatment Centres across Ontario to deliver a physical literacy program to more than 150 children that will focus on the sport of Boccia and related fundamental movement skills. The "Boccia Bratz" Project will train over 100 therapists (physio, recreational and rehabilitation) and their support staff to incorporate the concepts of physical literacy into their child patients' treatment plans using Boccia. These newly specialized therapists and their staff will then deliver fun, inclusive and barrier-free therapeutic Boccia programming to children and youth (ages 4-24) with physical disabilities throughout the province. Children and youth participating in the Boccia Bratz Project will benefit through increased physical activity and sport participation, greater access to sport opportunities, increased physical literacy and increased community participation.

Organization	Project Name	Approved Amount \$	Project Description
Ontario Curling Council	Ontario Kids Curl	\$38,915	<p>This project will revitalize curling programming for children, mobilize and train a new wave of coaches and instructors and educate curling clubs how to successfully integrate new programming into their local clubs.</p> <p>The “Ontario Kids Curl” project will:</p> <ol style="list-style-type: none"> 1) Develop and Pilot new Youth Learn to Curl Programming – Sport Specific Curling Skills will be used to teach Fundamental Movement Skills, reinforcing the physical literacy of children age 6-12. 2) Train a new wave of curling instructors through a “Leaders in Training” Program – where young adults (age 16-25) will be trained to deliver refreshed programming. 3) Educate Curling clubs, providing them with the business model to help recruit children to the sport, place them in age/stage appropriate programs, support coaches through strong policies, and create a sustainable program. 4) Implement the program, recruiting new children to the sport, gather data, share best practices.
Ontario Lung Association	Fitness for Breath - Second Wind (A Community-Based Exercise Maintenance Program for People Living with Chronic Lung Disease)	\$110,400	<p>This project will implement and evaluate a now proven innovative program model for exercise maintenance for people living with chronic lung disease. In partnership with community-based fitness centres and with the support of pulmonary rehabilitation programs, it will be introduced to new sites across all regions of the province (Central, East, North and West) and target the specific population of Indigenous people and their communities. Over the two year period, the 'Fitness for Breath - Second Wind' program will introduce basic movement skills to more than 120 seniors and older adults (55 and older), with chronic lung disease, resulting in approximately 10,000 exercise visits. Approximately 20 certified fitness professionals will be trained to work with this population group and continue applying the newly acquired skills to provide services to all appropriate clientele attending their fitness centres.</p>

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Row Ontario	ROWONTARIO Remote Coaching Network	\$131,170	<p>This project will provide meaningful and useful coaching to developing coaches and club lead athletes across Ontario. The project will focus on introducing the concept of remote coaching through video and commentary while creating engaging coaching networks by providing camp-like coaching weekends. This project will link developing coaches and club lead athletes with expert rowing coaches in Ontario. It will also encourage regional clubs to see the effectiveness of coaching networks and the need to create regional camp-like weekends to promote the sharing of coaching knowledge and athletic skill.</p>
University of Western Ontario	The Tiered Exercise Program for Older Adults with Mobility Challenges	\$140,898	<p>This project will respond to the need identified by health and exercise professionals in the community and develop a tiered exercise program for older adults with mobility challenges, and a video and assessment tool to help match participants with the appropriate program level. This program will be delivered to 90 front-line EXERCISE LEADERS in a half-day workshop. Further, 90 course FACILITATORS will complete a full-day training, which enables them to train front-line exercise leaders in their communities. The tiered exercise program can be implemented one-on-one or in small or large group format in a variety of settings including home care, long term care, retirement and adult day programs. This program can be delivered in virtually any setting where seniors reside, and can help them successfully age in place.</p>

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Local/Regional CENTRAL REGION

Organization Name	City/Town	Approved Amount	Project Name	Project Description
Art Starts	Toronto	\$ 21,954	tTRUE heART Basketball	This project will allow Art Starts to implement the “tTRUE heART Basketball” project. The project will engage 60 vulnerable urban youth aged 14-22 in a basketball and photography project.
Beat the Streets Toronto	Thornhill	\$ 12,100	Beat the Streets Toronto After School Wrestling Program	This project will develop the physical literacy and fundamental movement skills of 480 students, ages 8 to 14 through the implementation of 4 amateur wrestling programs at middle schools in low-income communities of Toronto. The Beat the Streets Toronto After School Wrestling Program will include a training component that facilitates the certification of 10 teachers through the National Coaching Certification Program (NCCP).
Better Living Health and Community Services Overland Club	Toronto	\$ 43,380.00	"LEAD Program" Learning Exercises for Active Dance" Seniors Dance Program	This project will support 200 seniors improve their sport fitness and physical literacy through dance. The "LEAD (Learning Exercises for Active Dance) Seniors Dance Program" is a physical activity and recreation program for seniors living on low incomes from ethnic communities in neighbourhood improvement areas, including Fremingdon Park and Thorncliffe Park. Seniors will learn physical literacy as the mastery of a range of fundamental movement skills that enable and encourage ongoing participation in sport programs.
Big Brothers Big Sisters of Toronto	Toronto	\$ 81,698	"Go Girls! Healthy Bodies, Healthy Minds" and "Game On! Eat Smart, Play Smart, Live Smart"	This project will offer a gender-based physical activity, healthy eating and social wellness program to create safe spaces for at-risk and under-served children and youth in the communities of Jane-Finch, Rexdale and Scarborough. In partnership with TDDBS, the "Go Girl! Healthy Bodies, Healthy Minds and Game On! Eat Smart, Play Smart, Live Smart!" project will engage 975 girls and 720 boys (aged 8-14) through a 3-staged program during two school years. The

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				initiative also aims to provide employment opportunities by employing male mentors to address the volunteer shortage.
Chinese Cultural Centre of Greater Toronto	Toronto	\$ 30,714	Get the Hard-to-Reach Moving (Project)	This project will help the Chinese Cultural Centre to create the "Get the Hard to Reach Moving" project which will develop fundamental movement skills through physical activity opportunities to 300 ethnic residents within the region of Scarborough and Markham.
EcoSource	Mississauga	\$ 83,700	Get Growing	This project will enable EcoSource's "Get Growing" to provide garden-based programming for newcomer seniors and older adults in community gardens and mobile locations. They will deliver 50 workshops, engage up to 800 participants and publish a new senior-focused Activity Guide.
Firebird Community Cycle		\$ 15,660	The Phoenix Project	This project will engage 100 youth, youth-at-risk and youth with mental illness in the Barrie area to build and maintain bicycles for sport, recreation and transportation. The "Phoenix Project" has 3 initiatives: 1) support the "Borrow-a-bike" program for youth with mental illness, in partnership with the Canadian Mental Health Association, 2) "Community Tune-up Drop-ins" at local high schools and community centers, and 3)"Earn-a-Bike" program disadvantaged or at-risk youth who will build a bike for themselves and one to be donated to low-income families.
Free For All Foundation	Brampton	\$ 65,870	Keep Them Active	This project will support the delivery of a new "Keep Them Active" basketball skill building program for 110 youth from low income families living in central west Brampton.
Heritage Skills Development Centre	Toronto	\$ 30,810	Scarborough East Girls Empowered (SEGE)	This project will empower 80 new-immigrant, refugee girls between the ages of 10 and 16 living in Scarborough East to develop life-long interest in sports and physical activities. The "Scarborough East Girls Empowered (SEGE)" project will build capacity through physical literacy training aligned with the Learn to Train stage, as well as recreational activities aligned with the Active for Life stage.

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Jane Alliance Neighbourhood Services	Toronto	\$ 58,180	Bring Women into Solidarity through Cultural Dances	This project will serve 730 women ages 18 and over living in the Rockcliffe-Smythe and Mount Dennis neighbourhoods by promoting recreation and socialization through cultural dances classes. "Bring Women into Solidarity through Cultural Dances" project will offer one class per week with a total of 15 women per class.
LAMP Community Health Centre	Toronto	\$ 97,454	Breaking the Barriers to Active Living for Inclusive and Diverse Committees	This project will provide 336 sessions of high quality accessible recreational sport activities to engage over 300 participants including older adults and seniors, newcomers and LGBTQ+ in Peel region. "The Breaking the Barriers" project will introduce four streams of recreational activities to cultivate a culture of lifelong active living among target groups.
Learning Disabilities Association of Toronto	Toronto	\$ 66,360	Jump 2 Success	This project will allow the Learning Disabilities Association of Toronto the opportunity to undertake the two year Jump 2 Success program. This multi-sport program will develop the fundamental movement skills of children ages 5-12 that are living with a learning disability and/or ADHD.
Malvern Family Resource Centre	Scarborough	\$ 104,770	Malvern Youth Action Sports Hub	This project will provide 1560 children and youth between the ages of 6 to 24 with free access and instruction to a year-round multi-sport experience. The "Malvern Youth in Action Sports Hub" project will be a one stop multi-sport experience in non-traditional sports and physical activity including skateboarding, snow skating, BMX, mountain biking, and Scootering. Participants will have full access to the equipment bank that will provide the necessary sport and safety equipment to those with financial barriers.
Moeen Centre	SCARBOROUGH	\$ 27,624	KICKstart - a physical activity program for youth with disabilities	This project will provide physical activity opportunities and develop fundamental movement and motor skills of 50 disabled youth ages 15-24 in Scarborough, with a focus on newcomer and immigrant populations. The "KICKstart" project will engage youth for two hours twice a week, once indoor and the second, outdoor. 10

Organization Name	City/Town	Approved Amount	Project Name	Project Description
				volunteers will be trained to provide inclusive activities. All individuals delivering the program will be reflective of the target population and speak in relevant languages to build relations with the youth and their families.
National Rhythmic Gymnastics Centre	Toronto	\$ 67,100	Rhythmic Gymnastics for Healthy and Active Community	This project will engage 200 children ages 5 to 17 from low-income families and ethnic communities in free sessions of a new community Rhythmic Gymnastics Program in Central Etobicoke. "Rhythmic Gymnastics for Healthy and Active Community" project will be delivered by 10 youth instructors weekly under the supervision of professional gymnasts to develop physical literacy and fundamental movement skills, as well as self-image and self-confidence among participants.
Nexus Youth Services	Mississauga	\$ 103,812	NEXERCISE	This project will support the implementation of the "Nexercise" program to provide 200 youth aged 14 to 24 years with an opportunity to participate in sport and physical activities such as running and strength training. 14 peer youth workers and program volunteers will receive training in physical literacy, principles of youth engagement and positive youth development and will work in partnership with youth to create quality programming opportunities.
Ontario Physical and Health Education Association	Toronto	\$ 169,031	'Raising The Bar' for Girls in Intramural Sports	This project will allow the Ontario Physical and Health Education Association to deliver the "Raising the Bar for Girls" project which will focus on delivering customized, in person training through existing student leadership conference and integrating online support resources to empower 1,600 students and educators to actively implement strategies to increase female participation in intramurals activities across Ontario.
Pickering Soccer Club Inc.	Pickering	\$ 103,812	Adults in Motion	This project will engage over 400 older adults and seniors in Walking soccer, badminton and lawn bowling in the "Adults in Motion Program" offered by the Pickering Soccer Club. Year round

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				activities also include 37 Leadership and Skills Development training opportunities.
Regional Municipality of York	Newmarket	\$ 120,000	Making Tracks: Active Transportation Education Program	This project will deliver active transportation training workshops to 50 teachers across various elementary schools in York Region. The "Making Tracks" initiative was piloted in 2016 and delivered training to 600 students. During the two year enhanced project, 3000 students will be encouraged to safely walk, bike and scooter to school.
Scadding Court Community Centre	Toronto	\$ 66,599	Body, Mind, Spirit	The "Body, Mind, Spirit" initiative will leverage and formalize existing programming to increase regular intermediate-vigorous physical activities for seniors.
Sport for Life Society	Markham	\$144,500	Physical Literacy for Older Adults	Sport for Life Society will deliver the "Physical Literacy for Older Adults" project with 3 partners to educate adults and health professionals to use a physical literacy-based approach.
The City of Burlington	Burlington	\$ 46,727	Burlington Pickleball Development Program	This project will support the development of a new Pickleball program for 380 older adults and seniors incorporating physical literacy to support participation in sport activities at all stages. The initiative will focus on building sector capacity through the establishment of a Pickleball Association to provide increased opportunities for community-wide participation through league play, tournaments and training clinics.
The City of Orillia	Orillia	\$ 53,507	Fundamental Fitness	This project will assist the city of Orillia to hire a fitness instructor, train volunteers and purchase equipment to deliver the "Fundamental Fitness" project for 100 seniors in Orillia. The project will focus on embedding physical literacy throughout an adapted fitness program that will be the foundation for lifelong physical activity.
The City of Vaughan	Vaughan	\$ 68,256	Great Walks of Vaughan	This project will connect Vaughan area trails with indoor and outdoor recreation resources. The City of Vaughan will target 2000 participants to increase awareness and participation in family

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				friendly recreation. "Great Walks of Vaughan" will increase wayfinding signage and establish accessible walking routes that connect trails with community centres, splash pads, parks, skating rinks and community agencies.
The Town of Halton Hills	Halton Hills	\$ 96,444	ActiveEasy Community Development and Partnership Project	This project will support the "ActiveEasy Community Development and Partnership Project" to establish a partnership Alliance and recruit 10 volunteer Ambassadors to promote and facilitate access to new physical activity opportunities for 3,000 residents and provide training in physical literacy concepts for 91 sport and recreation staff, volunteers and board members. The project is aligned with the Town's new Active Living Strategy and commitment to ensuring that "residents of Halton Hills are visibly more active and community partners are engaged to make it happen."
The Town of Oakville	Oakville	\$ 85,775	Make Your Move Oakville - On Bikes, On the Ice and In the Parks	This project will support "Make Your Move Oakville - On Bikes, On the Ice and In the Park" to deliver 5 new physical activity initiatives to 2,020 residents and address some barriers to access for children, youth and low income families. The focus is on developing physical literacy as the foundation for lifelong participation and working with partners to strengthen the capacity of the sector to deliver high quality programs that encourage residents to be active.
The Township of Brock	Brock	\$ 75,360	Brock Seniors Programming	The Brock Seniors Programming project will fund fitness instructors to develop and instruct senior programming and fund the purchase of senior specific fitness and recreation equipment.
The Township of Tiny	Tiny	\$ 40,009	Soccer for Life - Tiny Team, One Dream	This project will aid the Township of Tiny to deliver the "Soccer for Life- Tiny Team, One Dream" project, in which 1,385 low income persons, child and youth participants will be introduced to the sport of soccer. In addition they will provide the opportunity for 145 volunteer participants to become certified referees and coaches.

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Toronto Park People	Toronto	\$ 67,600	Toronto Walks: Ravines and Parks to Discover	The "Toronto Walks: Ravines and Parks to Discover" project will provide outdoor walking programs to 2,050 older adults, seniors and newcomers in five high needs neighbourhoods in Toronto. In collaboration with Delta Family Resource Centre, Access Alliance, Rexdale Women's Centre and City of Toronto, Parks Forestry and Recreation, this initiative will also identify and train twenty new community members to lead the walks.
Valley Park Go Green Cricket Field Project - Youth Sports Academy	North York	\$ 130,981	Go Green Go Girls Game On Project	The "Go Green Go Girls Game on Project" will introduce 200 new girl-participants to traditionally male-dominated sports such as cricket in a girls'-only environment taught by a female athlete. Participants in the project will gain skills, physical literacy in sports and ear greater individual self-esteem, confidence and a sense of belonging.
WindReach Farm	Ashburn	\$ 77,007	Get Outside! Adaptive Recreation and Sport at WindReach Farm	The "Get Outside! Adaptive Recreation and Sport at Windreach Farm" project will create opportunities for participation in sport for people with disabilities and build capacity in the inclusive sport sector to deliver quality programming. The project will engage 1000 people in the participation of adaptive sport and train and recruit 40 volunteers in the field of adaptive sport delivery and sport practices.
York Fairbank Centre for Seniors	Toronto	\$61,000	Fitness Across Generations	Fitness Across Generations is an intergenerational project that will increase participation levels, train leaders and develop lifelong learning practices for ethnic communities.
YouthLink	Toronto	\$ 27,396	Camp FIT (Fun, Inclusion, Team building) – Summer Sports Camp for Youth with	This project will engage 96 youth with intellectual disabilities between the ages of 16 to 21 in a summer sports camp. "Camp FIT (Fun, Inclusion, Team building) - Summer Sports Camp for Youth with Intellectual Disabilities" will provide an opportunity for youth to participate in fun activities and sports to help promote physical fitness, socialization skills and teamwork.

Organization Name	City/Town	Approved Amount	Project Name	Project Description
			Intellectual Disabilities	

2017-18 Ontario Sport and Recreation Communities Programs Fund (OSRCF)

Local/Regional EAST REGION

Organization	City/Town	Approved Amount	Project Name	Project Description
Alderville First Nation	Roseneath	\$46,568	Alderville First Nation Community Recreation Program	This project will hire a part-time Recreation Worker to assist the Community Aboriginal Recreational Activator along with sports equipment and supplies, providing increased access to sport and recreation activities to 750 community members of all age groups. The Alderville First Nation Community Recreation Plan will build capacity and support sports such as youth soccer, children's and adults baseball, lacrosse camp, swimming, skating and seniors functional fitness activities.
Algonquins of Pikwakanagan	Pikwakanagan	\$20,568	Outdoor Active in Pikwakanagan	This project will fund the Outdoor Active in Pikwakanagan initiative which will bring individuals out to enjoy the outdoors. The goal is to motivate at least 100 individuals to become more active and at the same time positively stimulate the mind and spirit.

Big Brothers Big Sisters of Lanark County	Smiths Falls	\$136,992	Active	This project will build organizational capacity for YAK Youth Services and Big Brothers Big Sisters of Lanark County to increase physical activity opportunities for 750 children and youth at 11 locations across Lanark County. The "Active After School in Lanark County" program is free and children in the multi-sports after school program will participate in a variety of well-structured activities that develop basic skills and focus on fun.
Big Brothers Big Sisters of Northumberland	Port Hope	\$99,000	Hoops 'n' Homework	This project will increase the availability of accessible sports and life-skills activities for 200 marginalized and "at risk" children in rural and low-income communities across Northumberland County. Hoops 'n' Homework will train at least 10 mentors in physical literacy and fundamentals of sport to provide leadership and mentorship to participants, to build youth programming capacity and encourage lifelong active living.
Capital Wave	NEPEAN	\$32,222	Get fit: Play Water Polo!	The project will introduce 1,700 children aged 6-14 to the sport of water polo by focusing on swimming and water safety, fundamental movements and skills, and fun games in a non-competitive and inclusive environment. <i>Try It Water Polo Hour</i> will offer introductory water polo sessions to children aged 6-12 who are enrolled in summer swimming camps at City of Ottawa pools. <i>Get Fit Water Polo Sessions</i> will teach the FUNdamentals of the sport to 120 children aged 6-14 over an 8-week program. In addition, the project will train 8 youth aged 15-18 years old to lead and coach children participating in the sessions.
Centre Charles-Émile-Claude, centre polyvalent des ainé(e)s inc	Cornwall	\$53,166	On s'active, au CCEC	This project will allow for the extension of current physical activity programming and will provide for the introduction of new sport activities to the senior community in Cornwall. Through the "On s' active, au CCEC" initiative, the Centre Charles-Émile-Claude will be able to purchase equipment for participants to utilize and become more active.
Centre des services	Ottawa	\$71,372	Bouger +	The "Get moving" project will offer 150 low income children aged 6-12 in Vanier the opportunity to learn golf, baseball, handball,

communautaires Vanier				ultimate frisbee and tennis. An additional 75 participants will be selected to participate in 6 week summer sport camps. All programming will be led by volunteers and special guest invitees as well as 5 part-time instructors who will receive training in High Five, FMS and First Aid CPR.
Christie Lake Kids	Ottawa	\$67,770	Leaders in Training Physical Literacy Program	The Leaders in Training Physical Literacy Program will partner with PHE Canada to deliver fundamental movement skills training to 200 youth aged 13-16 and 50 adults who are a part of Christie Lake Kids' Leaders in Training (LIT) program. Their training will enable the LITs to teach FMS to 600 children aged 6-12 who participate in the camp's Skills Through Activity and Recreation (STAR) Program during the school year and the summer months.
Corporation of the Municipality of North Grenville	Kemptville	\$54,220	North Grenville Trail Use and Promotion Strategy	This project will attract up to 500 new trail and cycling participants in North Grenville. North Grenville Trail Use and Promotion Strategy will achieve this: by developing new resources such as web-based and printed maps and consistent bilingual safety and etiquette guidelines; by uniting stakeholders to undertake user surveys, share resources, remove barriers to participation and cross promote information; and by conducting outreach through new trail events, training programs and media campaigns.
Curve Lake First Nation	Curve Lake	\$67,968	Passport to Bmaadziwin	This project will assist Curve Lake First Nation implement Passport to Bmaadziwin which will reach 245 youth in the Community and 145 Elders/Seniors by providing opportunities for learning the Ojibwe language, culturally relevant sports and land/water-based teachings and learnings. Funds will support a Youth Culture and Recreation Worker to work with youth and Elders to enhance cultural and physical activity for an active community.
Developmental Services of Leeds and Grenville	Brockville	\$33,300	'Tumbling Together' & 'Little Kids Gotta Move- in Child Care'	This project will ensure sustainability of Tumbling Together teams by training additional staff and developing resources. Tumbling Together (TT), is an intensive program offered in a gymnastics setting focused on early physical literacy & participation skills in 3-5 year olds with multiple complex disabilities (autism spectrum

				disorder, developmental delays, language/communication disorders, anxiety, sensory/self-regulation dysfunction). It will expand community capacity to consolidate the emerging physical literacy of children into their child care environments through development of the "Little Kids Gotta Move in Child Care" program. The result will be a user friendly curriculum specifically adapted to the child care setting, staff with a deeper understanding of fundamental physical literacy concepts.
Hockey Eastern Ontario	Gloucester	\$52,000	Cross Ice Skills Clinics & Initiation Program Enhancement	This project will further develop more than 1000 Hockey Eastern Ontario coaches and 4000 5-6 year old players by supporting associations and coaches in the implementation of the Hockey Canada Initiation Program. The initiation program is the base of the hockey pyramid and all hockey foundations are built on it. Cross Ice Skills Clinics and Initiation Program Enhancement project will increase skill development of young players, thereby increasing participation and legacy.
John Howard Society of Belleville and District	Belleville	\$55,131	Connection Point - connecting at-risk youth to activities in the community	This project will create a partnership that enables 200 low income and at-risk youth from various Belleville neighbourhoods to engage in recreational and physical activities. Connection Point will encourage participation in a youth committee to provide input into the project and empower youth to take an active role in use of resources. Connection Point will create a directory of sports and recreation activities and a Connect Passport Program with a baseline of participation to encourage involvement.
Kingston: Partners for a Safe Community	Kingston	\$11,675	Paddle Safe Kingston	The "Paddle Safe Kingston" project will provide 250 Kingston and area residents with a free, 3-hour paddle boarding safety clinic focussing on developing water skills and introducing participants to the sport.
Lanark County Therapeutic Riding Program	Carleton Place	\$53,395	Stable Thinking	This project will increase the opportunity for up to 200 youth identified as having mental health illness to participate in accessible & safe programming and increase their physical literacy by 50% over a 2 year period and teach the importance of physical literacy. "Stable Thinking" will also train up to 200

				volunteer leaders to assist with this programming therefore strengthening capacity and contributing to the longevity and legacy of Therapeutic Riding Programming.
Lowertown Community Resource Centre	Ottawa	\$105,468	On the Move : Step Up Lowertown	The "On the Move: Step Up Lowertown" project will offer a variety of no-cost sports and recreation based programs to 180 participants living below the low-income cutoff level in Lowertown. 125 children and youth aged 6-17 years will participate in the "Swordfish" Swim Program. 30 women will participate in the mother/daughter Aquafit Aerobics Program and 25 older adults in the "Fit 'n' Fifty" Program.
Northumberland Sports Council	Port Hope	\$90,212	Northumberland County Physical Literacy For Communities Project	This project will educate, train and mentor Northumberland Sports Council member organizations and their communities in the benefits of physical literacy. Northumberland County Physical Literacy for Communities Project will provide leadership, engagement and training to enable Northumberland County to become a Physically Literate Community using a successful model promoted by Canada Sport for Life to provide on-the-ground support for program development, sector specific training in measurement, tracking and evaluation. Over the course of this project 100 staff and volunteers will be trained and 500 qualified leaders across the County will be created.
OCH Foundation	NEPEAN	\$119,065	recLINK	This project will offer proactive outreach and access to subsidized recreation for 300 children and youth living in "recreation deserts" within the Ottawa Community Housing neighbourhoods. recLINK helps children and youth (ages 6-18) participate in recreation during critical after-school hours by identifying and helping them overcome barriers to participation including financial, language, transportation, social isolation, parental capacity and knowledge of sports systems and supporting organizations. recLINK will work with 20 community sports clubs, facilitating the participation of children who have not yet benefited from structured/semi-structured social recreation activities.

Ottawa Rowing Club	Ottawa	\$47,150	Let's Row Ottawa!	The "Let's Row Ottawa" project will bring a mobile learn to row program to 8 partnering schools teaching the basics of rowing to 1440 participants. Two instructors will bring the mobile program to the partnering schools for 1 week during the fall and winter semesters. In the month of June every participant will have the opportunity to participate in a "Learn to Row" day on the water at the Ottawa Rowing Club. The Learn to Row curriculum and program materials will be shared with the physical education department at each of the 8 partnering schools, thereby increasing their capacity to introduce rowing as a sport to youth.
Plant Pool Recreation Association	Ottawa	\$8,500	"FUNdamentals at Plouffe Park Summer Drop-in 2017"	This project will provide one hour per day of coaching/training for 110 youth to increase learning of fundamental sports. The FUNdamentals at Plouffe Park Summer Drop-in-2017 project will increase opportunities for marginalized youth to learn to play various sports including; basketball, tennis, volleyball, badminton and ultimate frisbee and learn to swim.
Seniors Association Kingston Region	Kingston	\$69,669	Closer to Home: Connecting Seniors to a Healthy Lifestyle	The "Closer To Home - Connecting Seniors to a Healthy Lifestyle" project will research, develop and deliver 14 recreational fitness programs and 8 educational presentations to 500 seniors and older adults in the west end of Kingston and the eastern part of Loyalist Township.
Southern Frontenac Community Services Corporation	Sydenham	\$8,112	Seniors' Fitness Instructor Course (SFIC) Training for Staff and Volunteers	The "Seniors Fitness Instructor Course Training for Staff and Volunteers" project will enhance capacity in this organization by providing extensive training to three staff and five volunteers who will deliver seniors' fitness and sport programs in a rural area to approximately 100 persons.
The City of Ottawa Ringette Association	Ottawa	\$5,504	Ringette: Join the Team	This project will increase opportunities for up to 50 children - predominantly girls - to participate in the sport of Ringette. Ringette: Join the Team is an equipment lending program for some of the specialized gear - sticks and masks - to all new players, and lending full safety equipment - shoulder, elbow and shin guards, mouth guards, neck guards - to those from low income families. Expected 50 children participants.

The Switch Yard	Bancroft	\$18,000	SWITCH YARD BALL HOCKEY HOUSE LEAGUE - TYKE DIVISION	This project will provide an opportunity for 70 rural area children to participate in the Switch Yard Ball Hockey House League - Tyke Division. The project-created league will encourage sport fundamentals and skill development in 5-6 year olds from a rural area. Over two years, the project will encourage an interest in sport that looks promotes life-long physical activity and a healthy lifestyle as the participants integrate into the community's sports programs.
The Township of Algonquin Highlands	Algonquin Highlands	\$2,277	Pickleball for Life! In Algonquin Highlands	This project will assist the Township of Algonquin Highlands to increase physical activity opportunities to 40 older adults and seniors. The "Pickleball for Life! In Algonquin Highlands" program will provide an outdoor court and equipment for a new weekly outdoor recreational activity in the community.
The Township of Madawaska Valley	Barry's Bay	\$77,760	Township of Madawaska Valley Extended Swim Program	This project will provide an alternative affordable winter recreation option for rural Renfrew County residents who currently do not have access to a pool. This initiative will provide 846 hours of swim program times for 500 participants (youth, adults, and seniors).
The Township of Minden Hills	Minden	\$23,845	Get outside Minden! ~In Season, Every Season	This project will assist the Township of Minden Hills to offer recreational opportunities for 300 older adults, seniors and families. The "Get Outside Minden! – In Season, Every Season" program will include guided hikes, paddling excursions and production of trail and waterway maps to support an active lifestyle within their community.
The Township of North Stormont	Berwick	\$5,000	Crysler Sports Program	This project will allow the citizens of North Stormont to explore new sporting opportunities and revitalize recreation and physical activity programming. Through the purchase of equipment, the Chrysler Sports Program initiative will improve the quality and range of services and engage nearly 300 participants.
The Township of Russell	Embrun	\$7,280	Programme de raquette communautaire	This project will allow the Township of Russel to introduce a new, accessible snowshoe program to its residents. The "Programme de raquette communautaire" initiative will offer an opportunity to people to be active and also to market the recreational trail of the region.

Ville de Casselman	Casselman	\$10,936	Mouvement Casselman	This project will provide opportunities to residents of Casselman to be more active. Through the ``Mouvement Casselman`` initiative, the Municipality of Casselman will be able to acquire the necessary equipment and offer a variety of new physical activity programming to different groups.
YMCA Northumberland	Cobourg	\$34,410	Seniors Get Up and Go	The Seniors Get Up and Go Program is a multi-week program focused on improving functional fitness and increasing participation including accommodation needs for assistance and monitoring of the "frail elderly".

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Local/Regional NORTH REGION

Organization	City/Town	Approved Amount	Project Name	Project Description
Centre Passerelle pour femmes du Nord de l'Ontario	Timmins	\$104,294	Programme bien-être de Timmins	This project will assist the Centre Passerelle pour femmes du Nord de l'Ontario in collaboration with partners to deliver a new project called Timmins Wellness Program (Programme Bien-être de Timmins). This program will provide occasions for 1300 women and their children to participate in sports and workshops about physical literacy. The activities will be provided in separate and private sessions to empower these women as a foundation for lifelong wellness.
City of Thunder Bay - Thunder Bay 55 Plus Centre	Thunder Bay	\$17,436	Fitness Leaders 55	This project will enable the 55 Plus Centre of Thunder Bay to offer older adult fitness certification training to volunteer instructors

Organization	City/Town	Approved Amount	Project Name	Project Description
				over a 2 year period. The project outcomes are;70 trained volunteer leaders, 3 Fitness 55 and 1 Aqua Fit certification course offered and the creation of 2 partnerships is anticipated.
Club Amical 50 Plus de Cochrane Inc.	Cochrane	\$17,750	Vivre dans l'action	Club Amical 50 Plus de Cochrane will offer affordable recreational activities to 300 Francophone seniors of Cochrane.
Community Living Parry Sound	Parry Sound	\$63,680	'Team All Abilities' will increase the capacity of sport and recreation programs to deliver quality programming to people of all abilities and increase the opportunities for physical activity for people of all abilities in the Parry Sound district.	This project will allow Community Living Parry Sound engage sports organizations and families with disabilities in the "Team All Abilities" initiative, creating Fundamental Movement programs with community partners, 50 coach/training sessions and ongoing multi-sport networking events.
Dryden Go-Getters	Dryden	\$1,215	To develop two Floor Curling Systems for use by seniors in our Activity Centre.	This project will provide the funding for the Dryden Go-Getters Elderly Person's Centre to bring in two floor curling kits. With in-house programming and staffing to run floor curling during the week, over 120 participants weekly (65+, those with accessibility constraints) will be able to enjoy the sport of curling without the risk of icy surfaces.
Dryden Ski Club	Dryden	\$216,080	Winter Outdoor Physical Education Experience	This project will support the "Winter Outdoor Physical Education Experience" at the Dryden Ski Hill. With 5 different alpine hills and over 45km of groomed nordic ski and snowshoe trails available the Dryden Ski Hill is a potential

Organization	City/Town	Approved Amount	Project Name	Project Description
				regional outdoor recreation hub that is currently underutilized. This 2-year project will help procure the equipment and training necessary to promote an enhanced ski-school program, offering 5000-8000 outdoor recreation opportunities per year to youth ages 6-29 throughout the Northwest Region.
EcoSuperior Environmental Programs	Thunder Bay	\$18,320	WALKstock: Getting Thunder Bay Walking	This project will enable EcoSuperior to host the WALKstock: Getting Thunder Bay Walking. The project will increase participation rates for one thousand people, will train twenty new leaders and will create five partnerships.
Huntsville Curling Club		\$61,674	To grow and enhance the Youth Curling Program for Huntsville and area.	Develop a sustainable youth program that will grow the capacity to offer youth age 6-17 skills development to promote active living and physical literacy for lifelong health. This two year project will assist the Huntsville Curling Club to offer the "Youth Curling Program" to 468 children and youth and build coaching capacity with 16 new volunteers in the Huntsville area.
Iroquois Falls Preschool Centre Prescolaire	Iroquois Falls	\$61,935	EMBEDDING PHYSICAL LITERACY- A TRUE RESULT FOR YOUR INVESTMENT	This project will provide physical activity opportunities for children, adults and seniors. "Embedding Physical Literacy- A true result for your investment" will provide swimming classes, a day camp for children, and family snowshoeing that will engage 450 participants.
LEE GOLF CLUB	Cochrane	\$40,130	The Lee Golf Club Diversification Project	This project will support the Lee Golf Club Diversification project, a sustainable summer program to help increase membership and

Organization	City/Town	Approved Amount	Project Name	Project Description
				instill the love of golf in 150 new participants in the Town of Cochrane. The project will increase physical activity through participation in golf clinics, practices using the driving range and the development of tools to make the sport more affordable for people to join the club.
Majiishkaa Community Organization	Fort Frances	\$36,498	Wilderness Workshop	This project will provide physical literacy, leadership and sport-specific training to one hundred and twenty four Indigenous youth from communities across Northwestern Ontario over a period of six weeks at Mink Lake Camp near Quetico Park. 'Wilderness Workshop' programming includes a mix of traditional activities including hiking, canoeing and portaging with sports including volleyball, basketball and disc golf. Youth will be empowered to return to their communities with new sport-specific knowledge and skills. Additionally, the funding will enable a trained Recreational Student to provide one hundred and twenty hours of physical literacy training in the community of Lac La Croix First Nation to upwards of eighty participants.
Sudbury Action Centre for Youth	Sudbury	\$49,680	The Hip Hop Dance Program	This project will enable Sudbury Action Centre for Youth develop a Hip Hop Dance Program for underprivileged youth with access to free dance sessions. The funding will allow the organization to offer additional physical activities with classes three times a week, the

Organization	City/Town	Approved Amount	Project Name	Project Description
				project will assist with decreasing childhood obesity in Greater Sudbury.
The City of Dryden	Dryden	\$5,980	Learn to Skate for All Blades	This project will pilot the Dryden Skate Club's program called "Learn to Skate for All Blades." Approximately ninety-five local children will be provided the opportunity to learn fundamental skating skills by trained instructors regardless of the types of blades they choose to wear. This instruction and introduction to base skating skills will help children be more successful in their sport of choice or will give them the foundation for a life-long recreational opportunity. Instructors will receive training in updated evaluation software allowing them to provide better feedback to parents and children about their skating skill progress.
The City of Elliot Lake	Elliot Lake	\$86,921	Get Trekking Elliot Lake	This project will allow The City of Elliot Lake to fund the project "Get Trekking Elliot Lake" to encourage, motivate and enable community members of all ages and abilities to participate in active living based activities. This will be achieved through planning and development of a series of urban and nature trails that provide points of interest, guided and self-guided tours. In addition, workshops will be planned and delivered that will focus on teaching new trail related sports and activities. An interactive

Organization	City/Town	Approved Amount	Project Name	Project Description
				mapping application will ensure that every citizen can find a reason to be active.
The City of Kenora	Kenora	\$9,612	AquaMats - enhancing our WaterFit program with new and innovative low impact fitness classes.	This project will allow the City of Kenora Recreation Division to purchase Aquamats and offer low impact fitness classes to more people. The Aquamat Fitness Program will target approximately 2,300 women, ages 25-50 who are enticed by the more adventurous fitness trends of stand up paddle boards and yoga based classes.
The City of Temiskaming Shores	Haileybury	\$94,860	Get Active	This project will partner with Francophone and Indigenous groups to engage over 1,100 adults and seniors in physical and recreational activities. 'Get Active' is the development, promotion, and implementation of over 5344 physical activity opportunities that will be held indoors and outdoors.
The Municipality of Temagami	Temagami	\$31,000	Fit Now, Fit For Life	The Municipality of Temagami will implement "The Fit Now, Fit For Life" two year project that will focus on the providing various development opportunities in sports and recreation in the summer targeting indigenous children and youth ages 2 to 12 years old.
The Town of Bracebridge	Bracebridge	\$27,450	RIDE - Respect, Inclusion, Diversity, Equality	This project will enable The Town of Bracebridge to implement "RIDE - Respect, Inclusion, Diversity, Equality" a training program focused on building capacity for thirteen staff partner agencies to offer their clients free group cycles classes targeting 60 low income persons.

Organization	City/Town	Approved Amount	Project Name	Project Description
The Town of Cochrane	Cochrane	\$18,400	Start Moving Cochrane	This project will assist the Town of Cochrane to offer the "Start Moving Cochrane" project. The project aims to increase participation of participants through kayaking, snowshoeing and cross country skiing. Participants will learn the basics of movements and physical literacy in an affordable and safe environment.
The Town of Kirkland Lake	Kirkland Lake	\$74,713	Jump into Land and Sea	Jump into Land and Sea will deliver classes in the new aquatic pool, for seniors, adults and teens.
The Township of Assiginack	Manitowang	\$14,624	Using Water to Get Active and Fit	This project will allow the Township of Assiginack to deliver the "Using Water to Get Active and Fit" program by assisting with the costs associated with purchasing eight inflatable stand-up paddleboards and accessories, as well as training four individuals to deliver the program safely. The program will target 100 youth in Assiginack, as well as 300 youth in neighbouring Wikwemikong Unceded Indian Reserve.
The Township of Emo	Emo	\$3,064	Emo Learn to Run	This project will give 100 youth and adults the opportunity to participate in a Learn to Run program and receive coaching by an elite marathon runner. The program will take place over four months and will prepare runners to participate long distance running events.
The Township of Terrace Bay	Terrace Bay	\$9,972	Terrace Bay "Get Outdoors, Get Active" Program	This project will enable the Township of Terrace Bay to offer a "Get Outdoors - Get Active" program to children and youth. Project will create opportunities for increased

Organization	City/Town	Approved Amount	Project Name	Project Description
				participation and skill development in water sports (kayaking and paddle boarding), hiking, cross country and downhill skiing.
Thessalon First Nation	Thessalon	\$64,000	Naadmaadsaan Qwe Zans Wee Zans (Living the Good Life - Girls and Boys)	This project will allow Thessalon First Nation to hire a Youth Traditional Recreation Worker for the community to develop programs and services that combine physical activity, nutrition awareness and teachings within a cultural holistic approach and environment. The "Naadmaadsaan Qwe Zans Wee Zans (Living the Good Life - Girls and Boys)" project will fill a gap in services for these children/youth in the community. The culturally based physical activities will build resilience and improve the overall fitness and health of local children/youth while learning more about and Thessalon First Nation culture and traditions.
Thunder Bay Gymnastics Association	Thunder Bay	\$30,600	Safe Flooring Initiative	This project will allow Thunder Bay Gymnastics to purchase 7400 sq feet of high density foam rollup mats that will improve and expand the safe area of their facility. This initiative will allow program expansion with improved safety standards and strengthen capacity to deliver quality programming.
Thunder Bay Nordic Trails Association	Thunder Bay	\$16,206	Thunder Bay Nordic Trails Youth Community Outreach	This project will assist the Thunder Bay Nordic Trails Association to increase physical activity opportunities to Indigenous and low income youth by offering a two year cross country

Organization	City/Town	Approved Amount	Project Name	Project Description
				skiing and snowshoeing program by trained volunteer instructors at no cost.
Timmins Family YMCA	Timmins	\$31,519	MobYle Communtly Program	This project will enable the Timmins Family YMCA to increase the capacity of the MobYle Community Program by adding a physical literacy component as well as increasing the length of the program throughout the year in order to reach 2500 children between the ages of 3-12 years old. The children will learn a variety of fundamental movements, build motor skills and in turn begin a lifelong enjoyment of sport and physical activity.
Town of Kearney	Kearney	\$29,507	Rev Up Your Life!	This project will support the Town of Kearney to implement "Rev Up Youth Life" program focused on providing five days of weekly physical activity classes and mobility and strength training classes targeting participation of 30 older adults and seniors.
Waasegiizhig Nanaandawe'iyewigamig	Keewatin	\$46,950	Ambe Niimidaa	This project will allow Waasegiizhig Nanaandawe'iyewigamig to train its health promotion staff and provide ten first nation communities, as well as the urban aboriginal population in Kenora, the opportunity to participate in a regular fitness routine that incorporates powwow dancing. This project will reach approximately 260 Indigenous people and provide them with a culturally relevant physical activity.
Wikwemikong Unceded Indian Reserve	Wikwemikong	\$120,640	Active Living	This project will provide funds for the "Active Living" program to deliver physical activity

Organization	City/Town	Approved Amount	Project Name	Project Description
				programming ranging from yoga, jiu-jitsu, hip hop, kick boxing, step dancing, boot camp and P90X for community members from toddlers to older adults. The two-year program will offer up to 672 individuals to participate in 8 - to 12-week sessions, four times per year.

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Local/Regional West REGION

Organization	City/Town	Approved Amount	Project Name	Project Description
Active Living Coalition for Older Adults (ALCOA)	Shelburne	\$ 80,208	Leadership Training and Participation in Healthy Living Workshops for Older Adults	This project will support the delivery of leadership training and participation in Healthy Living workshops for older adults. It will provide 20 community leaders with the knowledge and skills to facilitate workshops in their local community centres.
Big Brothers Big Sisters of Hamilton and Burlington	Hamilton	\$ 81,329	Go Girls Physical Literacy for Newcomers	This project will support the Go Girls Physical Literacy for Newcomers initiative so that up to 200 immigrant and refugee girls from grades 1 to 8 can participate in a 14-week physical literacy program.
Bike Windsor Essex	Windsor	\$ 24,000	Cycle Safe Windsor Essex	This project will encourage approximately 500 people in Windsor and Essex County to become more confident bicyclists. The Cycle Safe Windsor Essex project will encourage women, new Canadians, seniors

Organization	City/Town	Approved Amount	Project Name	Project Description
				and indigenous populations to adopt healthy and active lifestyles through safe and confident cycling.
Centre communautaire régional de London	London	\$ 48,525	Une vie active pour nos gens âgés et nos aînés francophones de la région de London	This project will support "Une vie active pour nos gens âgés et nos aînés francophones de la région de London", in increasing the physical activity and physical literacy of 400 Francophone older adults and seniors. Activities will include pickle ball, table tennis, pétanque, yoga, line dancing and tai-chi.
Centre Francais Hamilton Inc.	Hamilton	\$ 13,266	Atelier de chorégraphie et de création en danse	This project will support the Atelier de chorégraphie et de création en danse (Dance Choreography and Creation Workshop) initiative. Four francophone youth instructors will be trained to deliver physical literacy based dance workshops for up to 200 francophone children in Hamilton.
Chatham Granite Club	Chatham	\$1,467	Grow Our Active Seniors	This will assist the Chatham Granite Club expand its seniors programming and encourage more seniors including those with limited mobility to participate in curling.
Corporation of the City of Guelph	Guelph	\$ 110,636	Park Activation	This project will introduce children to new ways to use park spaces and equipment to be physically active and develop physical literacy skills. The Park Activation project will enable the City of Guelph to offer outreach and programming capacity in local parks. Programming will be offered 6 days a week in 12 different parks to maximize the geographic reach and reduce transportation barriers for participants.
County of Brant	Paris	\$ 40,751	Brant Ventures in Nature: Developing outdoor activities to get "Back to Nature".	This project will reconnect 250 County of Brant children and families with nature through the Brant Ventures in Nature: Developing outdoor activities to get "Back to Nature" project by connecting them to

Organization	City/Town	Approved Amount	Project Name	Project Description
				parks, trails and natural open spaces and emphasizing the importance and benefits of outdoor activities.
Guelph Soccer	Guelph	\$ 26,587	Women Leaders in Soccer	This project will provide 270 training opportunities for women and girls the Guelph Soccer Club, equipping them with the tools embed the principles of physical literacy. The Women Leaders in Soccer Project will increase capacity for women and girls to participate as leaders, coaches and match officials.
Hamilton Burlington Trails Council	Hamilton	\$ 60,875	Y.E.S. Trails (Youth Engagement Strategy)	This project will support the Y.E.S. (Youth Engagement Strategy) Trails initiative, which will provide training and programming support to social service agencies and outdoor recreation providers. The project is expected to reach up to 1,000 youth through facilitation of trails-based youth mentorship programs.
Hamilton Council on Aging	Hamilton	\$ 38,812	Let's Get Moving	This project will support Let's Get Moving Active Transportation Workshops to encourage seniors to stay active and engaged in the community. Each workshop (Let's Take a Walk; Let's Take the Bus; Let's Ride a Bike) will be delivered 10 times and will reach up to a 750 seniors.
Heart Niagara Inc.	Niagara Falls	\$ 73,943	Cycling Safety Education (CSE)	This project will support "Cycling Safety Education" in educating 900 children aged 9-11 about cycling safety in order to increase physical literacy and physical activity levels. The project will also establish a training model and curriculum for instructors, in order to make the project sustainable.
Heartland Forest	Niagara Falls	\$ 38,580	Affordable and Accessible Active Living through Nature-Based	This project will support "Affordable and Accessible Active Living through Nature-Based Sports, Fitness and Wellness", in providing all-abilities sports camps, active living for autism camps and intergenerational

Organization	City/Town	Approved Amount	Project Name	Project Description
			Sports, Fitness and Wellness	active living programming to 935 participants, including 170 children with disabilities.
Mississaugas of the New Credit First Nation	Hagersville	\$ 188,256	Mississaugas of the Credit - Community Sport & Recreation	This project will enable the Mississaugas of the New Credit First Nation to establish a two year Sport and Recreation program focused on increasing active participation in various sports and physical activities including traditional games of 300 Indigenous children, youth, adults and elders.
Municipality of South Bruce	Teeswater	\$ 2,772	South Bruce Pickle-Ball Program and Skills Training	This project will support the development of a pickle ball program within the Municipality of South Bruce. The project components will include the purchase of portable pickleball equipment and include the development of a series of learn to play coaching sessions to ensure participants have a positive experience. Targets 40 older adults.
Municipality of West Perth	Mitchell	\$70,000	Recreation Plan Implementation	The Municipality of West Perth will hire a Recreation Plan Coordinator to enable the community to deliver high quality sports and recreation programming by engaging 27 community groups and providing recreation services to 2,200 youth and 1,100 seniors.
Niagara Falls Rowing Club	NIAGARA FALLS	\$ 43,690	Recreational Learn to Row for Life	This project will support "Recreational Learn to Row for Life" a learn-to-row, recreational rowing program for 200 children, youth, adults and seniors. The project will include training for coaches, and year-round physical literacy training and physical activity opportunities for participants.
North Hamilton Community Health Centre	Hamilton	\$ 30,250	Grub Club: Move It-Physical Literacy in the Winter (PLW)	This project will support the Grub Club: Move It—Physical Literacy in the Winter initiative which will provide up to 130 children in an economically

Organization	City/Town	Approved Amount	Project Name	Project Description
				disadvantaged neighbourhood with new physical activity opportunities on ice and snow.
Sport for Life Society	St. Catharines	\$70,000	Physical Literacy for Older Adults	The project will educate older adults about physical literacy, train recreation, fitness and health professionals to use a physical literacy approach in increasing physical activity in seniors.
Start the Cycle	Hamilton	\$ 10,233	Start the Cycle Bike Mobile	This project will support the Start the Cycle Bike Mobile initiative which will expand on a free bike-share program for children in three economically disadvantaged neighbourhoods in Hamilton. It is expected that more than 700 physical activity opportunities will be created through this project.
Strathroy-Caradoc-MPAS	Strathroy	\$ 89,231	Summer Sports Camps for All Kids	This project will pilot a "Summer Sports Camp for All Kids" in the rural Town of Strathroy-Caradoc. It will develop fundamental movement and sport specific skills for 400 campers aged 4-12 over a 9 week period in the summers of 2017 and 2018 for a total of 800 participants. Each summer, 10 to 12 instructors will be trained to deliver physical literacy based programs such as aquatics, ball hockey, ice hockey, tennis and other camps.
The City of London	London	\$ 11,700	Decreasing isolation amongst older adults through the use of neighbourhood physical activity and other recreation programs	This project will decrease isolation amongst older adults through the use of neighbourhood physical activity and other recreation programs. By conducting information sessions and surveys of seniors, physical activity programs will be designed, developed and implemented. It is expected that 650 seniors will participate, at least one new satellite location in the City of London established and 12 volunteers will be trained as fitness instructors.

Organization	City/Town	Approved Amount	Project Name	Project Description
The City of Niagara Falls	Niagara Falls	\$ 4,000	Coronation Centre Weekend Wellness	The "Coronation Centre Weekend Wellness" program provides weekend pickle ball and carpet bowling for older adults and seniors who cannot attend daytime programming because they are still in the workforce.
The City of Woodstock	Woodstock	\$ 4,246	Parks of Fun	This project will teach physical literacy and fundamental movement skills to 300 children between the ages of 3 and 8 in the City of Woodstock. The Parks of Fun project will deliver physical activity programming in a different park 4 nights a week throughout the summer. The program is focused on building children's confidence and competence in fundamental movement skills as well as teaching parents physical literacy tools.
The Municipality of Arran-Elderslie	Chesley	\$ 17,766	Learn Play Swim	This project will support the Municipality of Arran-Elderslie to implement a Learn Play Swim program. The municipality will expand programming to support a wider demographic, remove barriers to participation and increase a passion for swimming, physical activity and water safety. Participation opportunity goals are 5,465.
The Town of Ingersoll	Ingersoll	\$ 78,933	Fusion Female Fitness Project	This project will expand the Town of Ingersoll's Fusion Youth Centre programs to increase the number of female youth participants. The Fusion Female Fitness Project aims to triple the number of female youth taking part in sport and recreation programs to a minimum of 200 people. This project will allow Fusion to reach a new audience, increase physical activity levels and ensure that they are meeting the needs of female youth in their community.

Organization	City/Town	Approved Amount	Project Name	Project Description
The Town of LaSalle	LaSalle	\$ 20,000	Town of LaSalle Active Living Strategy	This project will create the development of an Active Living Strategy to guide the Town of LaSalle and its partners in planning active living, sport and recreation facilities, spaces, activities and programs.
The Town of Orangeville	Orangeville	\$ 15,720	"Get Active, Get Skating"	This project will support the Town of Orangeville with a "Get Active, Get Skating" program. The Town will develop a learn to skate program for children in grades 3 to 8 and increase accessible opportunities through a skate and helmet loan program and sleds for those with physical challenges. Expected to reach 200 new participants.
The Town of Saugeen Shores	Port Elgin	\$ 4,924	Saugeen Shores Pickleball Introduction and Resource Project	This project will support the Saugeen Shores Pickleball Introduction and Resource Project which aims to introduce and deliver the sport of pickleball on a year-round basis for all ages. Expected participation is 700.
The Township of Chatsworth	Chatsworth	\$ 30,050	PLAY For Life	This project will support "PLAY for Life" an enhancement to the PLAY in Bruce Grey physical activity strategy. The project will involve 25 partner municipalities to develop and implement comprehensive communication strategies and tools to target older adults and seniors as well as promote a greater understanding of physical literacy.
Town of Pelham	Fonthill	\$ 9,275	Pelham Active Parks Program	This project will implement free skateboard lessons for 200 rural children ages 6 to 12 years and a Monkeynastics program for children ages 5 to 10 years as part of Pelham Active Parks Program in Fenwick and in Fonthill.
Windsor - Essex Therapeutic Riding Association	ESSEX	\$ 56,148	Equestrians of The Future	This project will see the Windsor Essex Therapeutic Riding Association (WETRA) create an "Equestrians of the Future Project" that will increase horseback riding

Organization	City/Town	Approved Amount	Project Name	Project Description
				to 200 isolated children and youth living with physical, mental, and emotional disabilities aged 5-29 years old in Windsor-Essex County.
YMCA of Hamilton Burlington Brantford	Hamilton	\$ 104,512	Integrating Physical Literacy into YMCA Swim Lessons	This project will support the Integrating Physical Literacy into YMCA Swim Lessons initiative in which 20 youth aged 13 to 24 will be trained as junior lifeguards. These junior lifeguards, in turn, will become mentors and role models to younger swimmers, allowing 1,200 new participants to enter beginner swim programs.
YMCA of Kitchener-Waterloo	Kitchener	\$ 88,857	YMCAs of Cambridge & Kitchener-Waterloo Physical Literacy and Recreation Project	This project will embed and integrate physical literacy into the recreation program of the YMCA of Cambridge and Kitchener Waterloo. The Physical Literacy and Recreation Project will provide physical literacy training for 425 staff and will reach over 2,195 children and youth participating in recreation programs at the YMCA.